POST-TRAUMATIC GROWTH

RESEARCH STUDY

One Summit is in the process of launching a three-year, longitudinal research study in partnership with Dr. Richard Tedeschi at the University of North Carolina – Charlotte. This exciting new initiative will seek to evaluate the impact of our Climb for Courage mentorship program and the ability of our experiential learning curriculum to facilitate Post-Traumatic Growth* in the Navy SEALs and pediatric cancer patients, siblings and families we serve. Research findings will be shared with the broader military and cancer communities – as well as with other trauma-related fields – upon conclusion.

*Post-Traumatic Growth is defined as the “positive change experienced as a result of the struggle with a major life crisis or a traumatic event.” (UNC Charlotte)

STORYTELLING

CHILDREN’S BOOK: An Unexpected Warrior

To reinforce learnings from our experiential learning programs and build connection, One Summit provides its community of like-minded warriors with the opportunity share their own story of trauma and resilience. These stories are currently documented as part of our Profiles in Resilience series on One Summit’s website. In 2019, One Summit expanded this initiative to include a children’s book designed to share our mission and curriculum with a wider audience of patients, siblings and families impacted by cancer.

This project includes Strategy & Storyline Development, Local Research & Interviews, Author, Artist & Publisher Identification, Partner (Hospital, Nonprofit & Academic) and Media Outreach, among other activities.

Contact Dianne M. Lynch, Executive Director at dianne@onesummit.org or 978-771-6151 for more details!